



ESSD 2026 — Participant Information Guide

16th Annual Congress of the European Society for Swallowing Disorders
19–23 October 2026 | Leiden, Netherlands

CONGRESS QUICK REFERENCE AT A GLANCE

- **Pre-Congress Workshops (19–20 Oct):** PLNT Leiden | Langegracht 70, 2312 NV Leiden
- **Main Congress (21–23 Oct):** Stadsgehoorzaal Leiden | Breestraat 60, 2311 CS Leiden
- **Wi-Fi: PLNT Network:** PLNT Guest | **Password:** Werken-bij-PLNT
Stadsgehoorzaal Network: Leidse Schouwburg-Stadsgehoorzaal | **Password:** Applaus!
- **Official Mobile App:** Download 'EventsAir' from App/Play Store | Event Code: essd26
- **Registration & Helpdesk:** Pre-courses: PLNT 1st Floor
Main Congress: Foyer, Stadsgehoorzaal (Opens Tue 20 Oct at 16:30 for early badge pickup)
- **Contact:** Congress Secretariat, Kuoni Tumlare Congress, essd@kuonitumlare.com
Onsite: Registration & Helpdesk (Foyer, Stadsgehoorzaal)

Pre-Congress Workshops (19 & 20 October 2026)

All pre-congress and the ICU symposia are held at PLNT Leiden,.

- **Venue Address:** PLNT Leiden, Langegracht 70, 2312 NV Leiden.

Workshop Room Assignments at PLNT

Course / Workshop Title	Date	Assigned Room @ PLNT
Course 1: FEES (2-Day)	Oct 19–20	The workshop
Course 2: VFS (2-Day)	Oct 19–20	The reflection
Course 3: Tracheostomy (2-Day)	Oct 19–20	The visionary
Course 4: High Resolution Manometry (1-Day)	Oct 20	The whiteboard
Course 5: Paediatric Dysphagia (2-Day)	Oct 19–20	The spotlight
Course 6: Ultrasound in Dysphagia (1-Day)	Oct 19	The brainstorm
Course 7: Clinical Nutrition & Dysphagia (1-Day)	Oct 20	Out of the box
Course 8: Geriatric Dysphagia Care (1-Day)	Oct 20	The playground
Course 9: Think Swallow (1-Day)	Oct 20	The launch
Course 10: From Assessment to Action (1-Day)	Oct 20	The concept
ICU Satellite Symposium (1-Day)	Oct 20	The incubator

More information

- **Registration Desk:** Participants must check in at the Registration Desk on the 1st floor on the first day of each workshop they attend. If a workshop runs over two days, check-in is only required on the first day.

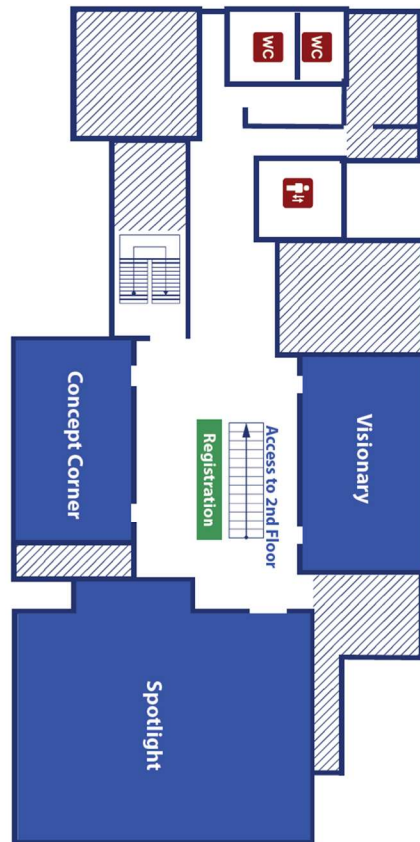
Opening hours: 19 & 20 October, 08:00–18:00.

- **Catering** Coffee, tea, and lunch are provided daily. Special dietary requirements indicated on the registration form will be accommodated.

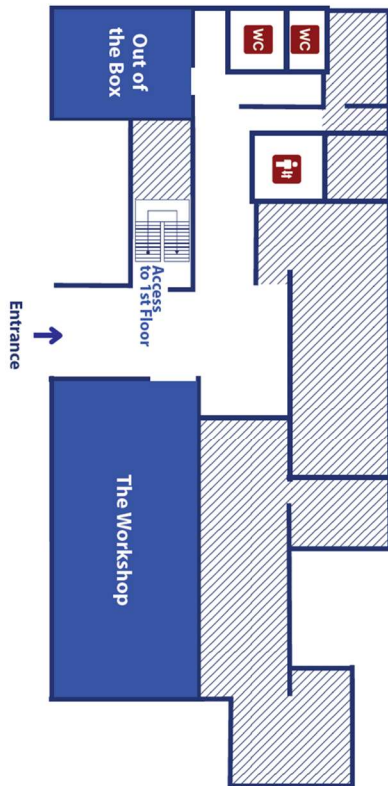
- **Digital Certificates of Attendance** will be sent by email to all registered participants for each pre-course.

Venue Maps

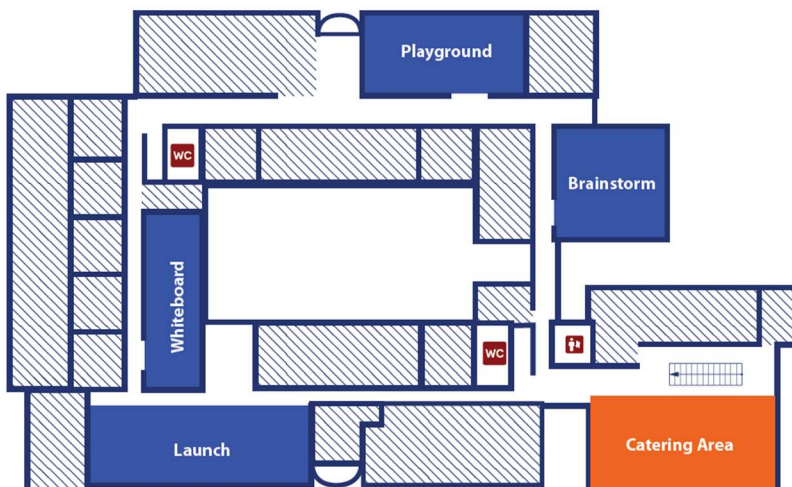
Pre-courses 1st floor



Pre-courses Ground floor



Pre-courses 2nd floor



Main Scientific Congress (21–23 October 2026)

The main scientific program takes place at Stadsgehoorzaal Leiden, an elegant 19th-century concert hall equipped with state-of-the-art conference facilities.

- **Venue Address:** Stadsgehoorzaal Leiden, Breestraat 60, 2311 CS Leiden.
- **Arrival on Foot:** 10-minute walk from Leiden Centraal station via Stationsweg and Breestraat.
- **Public Transit / Bus:** Bus lines 4, 7, 45, 400, 401 and 187 serve the city centre area.
- **Airport Connections:** Direct trains run frequently from Schiphol Airport (15–20 minutes).
- **## Download the event app** Please download the event app before you arrive. It will have the programme, speaker details, venue information, and event updates.

Search for the app in the Apple App Store or Google Play Store using the event name, then sign in with the email address you used to register.

	
https://itunes.apple.com/us/app/the-event-app-by-eventsair/id1142851582?ls=1&mt=8	https://play.google.com/store/apps/details?id=com.eventsair.attendeeapp
	

Registration Desk & Badge Collection Hours

Please collect your badge at the Registration Desk located in the main entrance foyer of Stadsgehoorzaal prior to attending sessions.

- **Quick check-in tip:** Have your **registration QR code** ready to keep check-in quick (sent by email and available in the ESSD 2026 app).

Date	Opening Hours	Service / Notes
Tuesday, 20 October	16:30 – 18:30	Early Badge Collection & Welcome Gathering
Wednesday, 21 October	07:30 – 18:00	Registration Open
Thursday, 22 October	07:45 – 18:00	Registration Open
Friday, 23 October	07:45 – 17:30	Registration Open

Technical Guidelines for Speakers

- **Slide Format:** All presentations must be formatted in 16:9 widescreen layout.
- **Supported File Types:** PowerPoint Show (.ppsx) or PDF (.pdf). File size must be under 70 MB.
- **Speaker Preview Room:** Located in Cornelis Schuytzaal (Ground Floor). Presenters must check in their slides here.

Opening hours

20 October: 17:00–19:00 **22 October:** 08:00–18:00

21 October: 07:30–18:00 **23 October:** 08:00–16:00

- **Important:** Personal laptops and USB memory sticks CANNOT be connected inside the presentation rooms.

We recommend uploading your presentation by the afternoon before a morning session and by the morning of the session for an afternoon presentation.

Poster Presentation Guidelines

- **Dual Presentation Format:** Authors must bring a printed physical poster AND upload a digital PDF version to the online gallery.
- **Orientation & Size:** Must be strictly VERTICAL (Portrait orientation). Maximum size: 90 cm wide × 115 cm high. Horizontal posters cannot be accommodated.
- **Mounting Schedule:** Posters can be mounted starting Wednesday, 21 October at 08:00.
- **Display Period:** All posters will remain on display from 21–23 October 2026.
- **Dismantling:** Please remove your poster after the final session on 23 October. Posters left behind will be discarded by the Conference Secretariat.

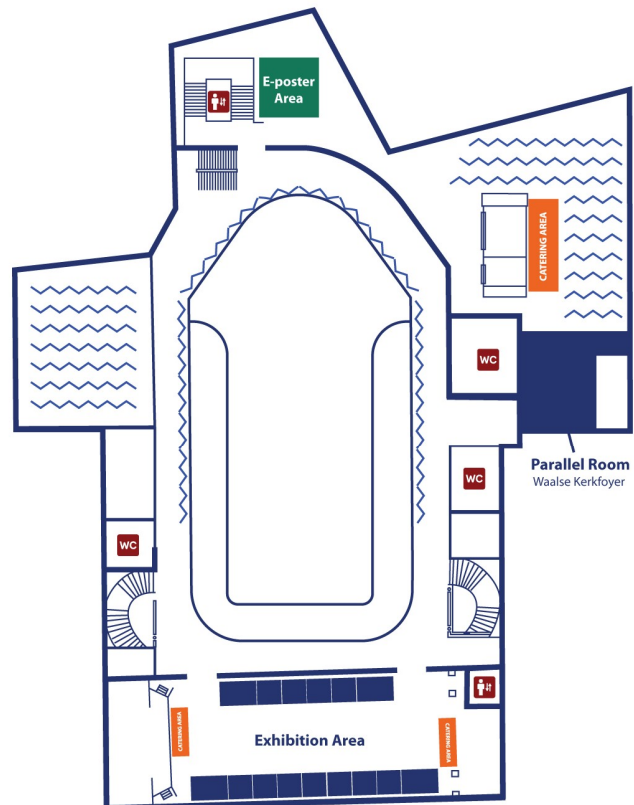
Venue Maps (Stadsgehoorzaal)

Refer to the floor layouts below for the main hall (Grote Zaal), Speaker Preview Room, poster exhibition, and catering stations:

0 Floor



1 Floor



Ground Floor (Floor 0): Entrance, Registration, Grote Zaal, Speaker Room

First Floor (1 Floor): Exhibition, Posters, , Catering, Parallel room Waalse Kerkfoyer

Catering & Social Events & Certificate

- **Catering Included:** Coffee, tea, and lunch boxes (13:00–14:00) are served daily in the main exhibition hall. A dedicated delivery point is available for special dietary requirements, as indicated in the registration form.
- **Welcome Gathering:** Tuesday, 20 October at 17:30 in the Stadsgehoorzaal foyer (complimentary for registered delegates).
- **Congress Gala Dinner:** Thursday, 22 October at 19:30 at Scheltema Leiden (Marktsteeg 1), around a 10-minute walk from Stadsgehoorzaal. Tickets (€90 participant / €110 accompanying person) can be purchased on the congress website or onsite at the Registration Desk.
- **Cloakroom & Luggage:** Attended cloakroom service is available free of charge near the main entrance.
- **Certificates of Attendance:** Certificates of Attendance will be issued digitally and sent by email to all registered participants.

Sustainable Congress Initiatives

ESSD 2026 is taking steps to reduce waste and minimise its environmental impact.

- **Catering:** Lunch options will focus on vegetarian meals to help reduce the environmental impact of catering.
- **Less waste:** Congress bags and participant goodies will not be provided, helping to reduce unnecessary materials and waste.
- **Refill and reuse:** Participants are encouraged to bring their own reusable water bottles and avoid single-use plastics. Bottles can be refilled at the water fountains available at the venue.
- **Sustainable travel:** Whenever possible, participants are encouraged to use public transport, walk or cycle.

Leiden Practical Information & Emergencies

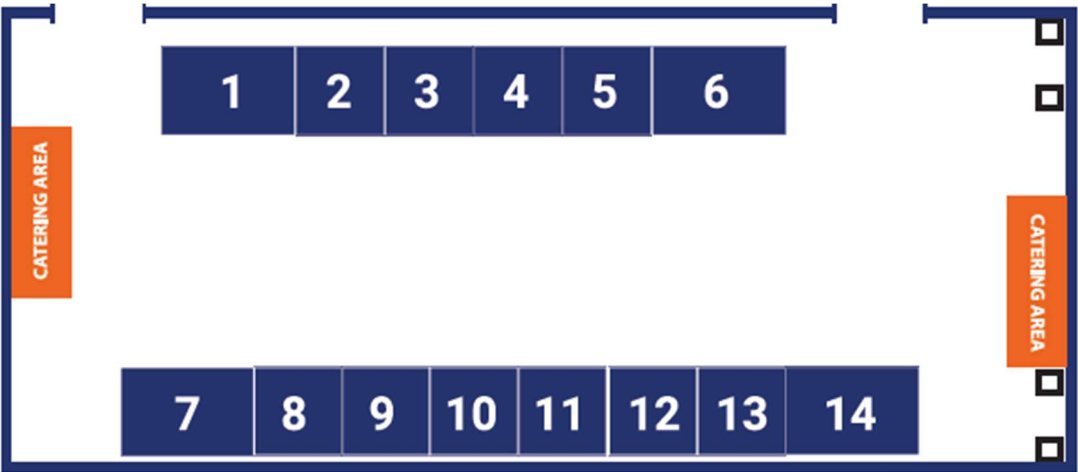
EMERGENCY & MEDICAL CONTACTS

- **National Emergency Line:** Dial 112 (Police, Ambulance, Fire)
- **Nearest Hospital & ER:** LUMC (Leiden University Medical Center) | Albinusdreef 2, Leiden (10-min walk from station)
- **Nearest Pharmacy:** Apotheek Breestraat | Breestraat 108, Leiden (2-min walk from venue)
- **Onsite First Aid:** Visit the Registration & Helpdesk in the Ground Floor Foyer

Weather Expectation: Leiden temperatures in October typically average 10 °C to 14 °C with occasional light showers. A rain jacket or umbrella is recommended.

Sponsors & Exhibitors

- **Visit the exhibition** Visit the exhibition in the Breezaal on the 1st floor! Discover the latest products, services and innovations, meet our exhibitors and explore what’s new in dysphagia.



Thank you!

We gratefully acknowledge the generous support of our corporate partners:

Silver Sponsors



Bronze Sponsors



Exhibitors



European Society for
Swallowing Disorders
ESSD



Laerdal
helping save lives



We look forward to welcoming you to Leiden for ESSD 2026!